

# 1 Year



**Make reading a part of every day.**

**Read and talk a lot with your baby.**

Babies are listening to what you are saying all the time. Some babies may say their first words.

**Encourage imitation** - "The cow says moo!"

**Babies learn by watching you.** Play games like Pat-a-cake, Eensy Weensy Spider, and Peek-a-boo.

**Babies begin to have favorite books.** They like to hold the books by themselves and to turn the pages.

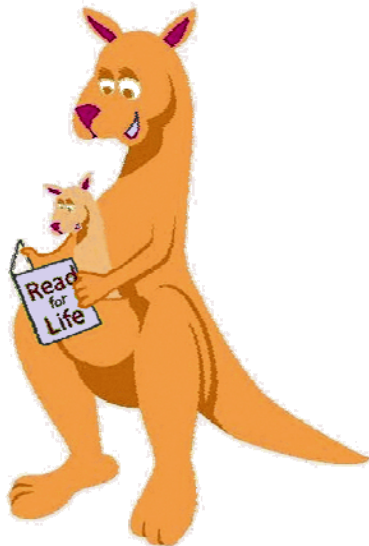
**Babies often need to be doing something else while listening to a story.** That's OK.

**Relax and have fun with your baby!** If he or she wants to close the book on your hand, go with it.

**Babies love their books** as much as their toys. Give a baby a stack of books for quiet time - - board books, cloth books, and paperbacks.

**Keep books within baby's reach.**

Library books can go in a special place.



**Read for Life** is a Family Based literacy program in Tulare County that encourages parents to provide the foundation for reading beginning at birth.  
[www.readforlife.org](http://www.readforlife.org)

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**Visit your local library** and local bookstore as often as possible. Start taking your child to storytimes.

**Choose books with:**

- simple stories
- repetition
- humor
- stories where your child can guess what happens on the next page

**Some good books for a one-year-old:**

*"More More More" Said the Baby*  
by Vera Williams

*If You Give a Mouse a Cookie*  
by Laura Numeroff

*The Poky Little Puppy*  
by Janette Lowrey

*Where's Spot?*  
by Eric Hill

*Fish Eyes*  
by Lois Ehlert

*10, 9, 8*  
by Molly Bang

*My Friend Rabbit*  
by Eric Rohman

*This Little Piggy*  
by Jane Yolen

*Is Your Mama a Llama?*  
by Deborah Guarino

*Brown Bear, Brown Bear, What Do You See?*  
by Bill Martin Jr.

