

Note: each of these is printed back to back on one heavy paper.

Birth to 6 Months



Make reading a part of every day.

Babies love spending lap time with you and hearing your voice. (You'll love it, too!)

Read and talk with your baby often.

Babbling (the sounds babies make) is early language. Talk, sing songs, play games and read together with your baby. This helps your baby's language grow.

Babies find out about their world by using all their senses. When you share a book, your baby is watching, hearing, grasping and sometimes tasting!

Relax and have fun with your baby!

Keep board and cloth books within your baby's reach. Prop up board books along the edges of your baby's bed.

Babies love simple picture books.
Look for large, clear pictures.

Babies like to:

- look at faces, especially baby faces
- look at pictures of animals
- hear and make sounds
- listen to rhymes

Read for Life is a Family Based literacy program in Tulare County that encourages parents to provide the foundation for reading beginning at birth.
www.readforlife.org



Sponsored by First 5 Tulare County.
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Visit your local library and local bookstore as often as possible.

Start now with a special reading time before naps and bedtime. This will become a signal for your baby to relax.

Some good books for babies up to six-months old:

My Very First Mother Goose.
by Iona Opie

The Big Book of Beautiful Babies
by David Ellwand

Pet Animals - Farm Animals
by Lucy Cousins

Moo Baa La La La!
by Sandra Boynton

Clap Hands
by Helen Oxenbury

Where's Spot
by Eric Hill

All Fall Down
by Helen Oxenbury

Brown Sugar Babies
by Charles R. Smith

Pat the Bunny
by Dorothy Kunhardt

Maisy's Favorite Animals
by Lucy Cousins

Tickle, Tickle
by Helen Oxenbury

Any simple board or cloth books that interest your child.

